

L3 Lifestyle Design Program

No matter your age, gender or financial situation, overcoming challenges, making life choices and facing change is hard unless you have the knowledge, skills and ability to do so.

L3 Lifestyle Design training offers you an easy and systematic way to address challenges, choices and change.

Our three step program helps you to Define, Design and Create your authentic and best life.

Join us at <http://www.leaplearnlive.org>



Step 1 – Leap

During Leap, you'll define who you are, what you want and your goals for getting what you want.



Step 2 – Learn

During Learn, you'll collaborate to discover options for reaching your goals, and you'll design visual prototypes.



Step 3 – Live

During Live, you'll create and test your prototypes in real life.

